Welcome back to another new and exciting swimming term at St Martin’s. As part of the Health and Physical Education Curriculum, swimming lessons for children in Years 3 - 6 will commence in **Week Three**. Swimming skills are an important part of the Health and Physical Education Syllabus and therefore, **ALL** children are required to participate, whatever their skill level.

This year, there has been a slight change in program for the Junior and Middle Years. Beginning on **Monday 8th February and continuing until Thursday 3rd March**, children in Junior and Middle Years will participate in four swimming lessons per week for 2 consecutive weeks. This intensive 2 week program will allow greater continuity in stroke development and overall progression of skill level.

- **Children in Years 3 & 4C, 4M** will swim on Tuesdays-Fridays in Week 3 & 4 (8th February - 19th February)
- **Children in Years 5-6 & 4G, 4D** will swim on Mondays -Thursdays in Weeks 5 & 6 (22nd February – 3rd March)

On Friday the 4th March the children will be participating in a swimming carnival. More information about the carnival will come later.

All swimming lessons will be held at the **Clem Jones Aquatic Centre in Carina** and conducted by qualified and experienced swimming instructors. Children will travel to and from the pool by bus, accompanied by a teacher.

During the first lesson, the children will be assessed by the instructors and grouped according to their level of skills and competence in the water. For the remainder of the lessons the instructors will focus on technique and fitness. The Middle Years (5 and 6) will participate in one week of swimming lessons and one week of lifesaving.

Each child will require togs (no board shorts allowed), **Girls are to wear a one piece suit and all children are required to have a swim shirt, adequate footwear for travel and swim cap.** They will also need a towel and goggles (optional).

The cost of swimming lessons, bus fare, carnival and instructors has been included in the yearly school fees.

Please complete the attached Swimming permission form and Medical Form and return to your child’s class as soon as possible. If you have any questions regarding swimming or the program please don’t hesitate to contact me.

Regards,

Nathan Jacobs
HPE Teacher

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**Junior and Middle Years – Term One Swimming Permission Slip 2016**

Child’s Name: ___________________________ Class Group: __________

I ______________________ give permission for my child to travel by bus, accompanied by a teacher to the Clem Jones Centre in Zabel St to participate in the school swimming block conducted by qualified and experienced swimming instructors and return to school by bus, accompanied by a teacher.

Signed:_______________________________

Dated:______________ Emergency Contact Number:__________________________